

Introduction

The Pelvita + is a class IIa medical device. It was developed for the treatment of bladder emptying disorders and stool and urinary incontinence. The electrotherapy device is used for controlled training of the pelvic muscles and for sphincter training.

Three different therapy modes are available:

- the EMG biofeedback training (relaxation, tension)
- electrostimulation (relaxation, tension with stimulation)
- the combination of EMG biofeedback training and electrostimulation (relaxation, tension without stimulation, relaxation, tension with stimulation)

Important Information!

This quick guide supplements the instructions for use of the Pelvita +. Before using the therapy device, all medical and technical information in the instructions manual must be observed. The Pelvita + must not be used on the sole basis of this supplemental information.

Quick guide for patients

Additional information for using the incontinence therapy device

Pelvita+



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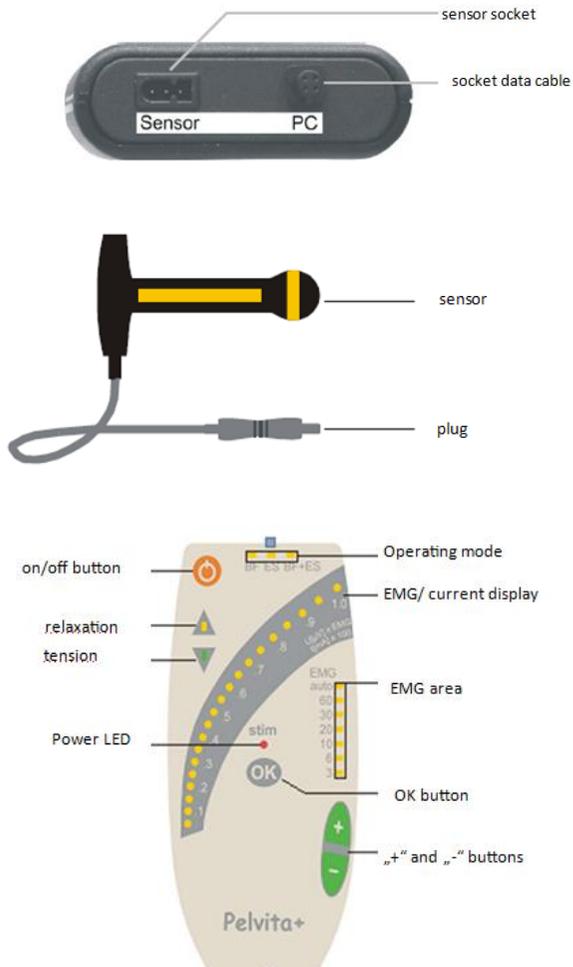


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Connection sockets and operating elements:



Please use according to the manual

□ quick guide BF (bio feedback)

(EMG biofeedback training with automatic EMG setting)

1. Place anal or vaginal sensor and connect to device
2. Switch on the device
3. When the "BF" mode is flashing, press the "OK" button.
4. When the green light in the "▼" arrow lights up, relax muscles
5. If yellow light lights up in the arrow "▲", tense muscles
6. Device turns off automatically

□ quick guide ES

(Electrical stimulation)

1. Place anal sensor or vaginal sensor and connect to device
2. Switch on the device
3. When operating mode "ES" is flashing, press the "OK" button.
4. If the yellow "stim" light is flashing, adjust the stimulation with the "+" or "-" button
5. Press the OK button
6. After treatment, the device automatically turns off

□ quick guide BF+ES

(Combination training with automatic EMG setting)

1. Place anal sensor or vaginal sensor and connect to device
2. Switch on the device
3. Set operating mode BF + ES with "+" key
4. Press the OK button
5. If the yellow stim light flashes, then adjust the stimulation current with the "+" or "-" button
6. Press the OK button
7. When the green light in the arrow "▼" lights, relax muscles
8. When yellow light lights up in arrow "▲", tense muscles
9. Device turns off automatically

Cleaning the sensor

Clean the sensor under running, lukewarm water after each use. If heavily soiled, also use soap or washing lotion. Dry the sensor with a soft cloth and store in an unlocked plastic bag. Do not wet the plug. Do not use abrasive cleaners. The contact electrodes could be destroyed